



## Learn How to Help Your Child or Friend Through a Suicidal Episode

**Redmond High School Library, 7-9pm**  
**Open to all parents in the LWSD!**

Speaker Peter Loft is a Licensed Independent Clinical Social Worker. He is a volunteer with the University of Washington's Forefront, which focusses on reducing suicide by empowering individuals and community to take action.

For questions, please contact [parent.ed@lwptsa.net](mailto:parent.ed@lwptsa.net).

On site resources will include Balance in Mind with the Lake Washington Schools Foundation, YES and Changes.

Sponsored by the Lake Washington Council PTSA and the LWSD.

